

St, Michael Church
Health & Wellness Committee Meeting Minutes
January 10, 2007

Present: Teri Blessinger	Becky Mastalerz
Jody Shafer	Elaine Leist
Sally Robinson	Diane Meyer
Chris Sayer	Muriel MacArthur

Becky opened the meeting with prayer.

December minutes were accepted by Sally and seconded by Muriel.

NETWORK OF CARE: A meal will be taken to SUMC for IHN this coming week. One Parishioner was helped for a day before the holidays.

BLOOD PRESSURE SCREENING: In December 41 clients were screened by 17 volunteers. In January, 42 clients were screened by 13 volunteers.

CAREGIVERS WORKSHOP: Flyers were given to members to be distributed to local businesses to advertise the upcoming, four-part workshop. The dates are Feb. 15, March 1, 15, and 29. Jody will make signs directing participants to the St. Michael cafeteria from the parking area. The network of care will provide cookies on each night. Becky will email Scott to see if there are water bottles for beverages and to see if the church "marquee" could be used for advertisement. Committee members are asked to greet (schedule can be worked out at the next meeting in Feb.) at one or more of the workshops.

EUCCHARISTIC MINISTERS TO HOME- BOUND PARISHIONERS: Jo Ann Schwaegerle updated and sent out the schedule to the distributors.

AED: Muriel will check with Tri health to see where they purchased their AED. The monies to purchase St. Michael's second AED will come from the Knights of Columbus.

USHERS ANNUAL MEETING/APPRECIATION: Teri will again ask Father for input on this anticipated event and hopefully schedule it in mid-March.

Becky announced to the committee that she will be resigning her position as Health & Wellness coordinator early in February. She has spoken to Father and voiced her concerns for the amount of time she has been able to devote to the ministry, because of personal obligations. Suggestions were made as to how we can advertise for her replacement: Weekly bulletin, Catholic Telegraph, ERC, personal calls to our monthly volunteers, word of mouth. Consensus was that nothing deliberate would be done until Teri can speak to Father Jeff to get his thoughts. He is leaving for vacation and this would be addressed at the February meeting.

Chris announced that his new work schedule would prohibit him from attending Wednesday night meetings. Therefore, the committee will look seriously at changing the monthly

meetings to Thursday nights, beginning in March. Elaine will check with Carol S. in the office for conflicts. The February meeting will also be on Tuesday the 13th, since Wednesday is Valentine's Day.

Teri closed the meeting with prayer.

P.S. Jan. 12- Carol S. saw no scheduling conflict with having the Feb. meeting on the 13th and no problem in changing the monthly meetings to Thursday evenings starting in March.